



This is a weekend designed to be a Spiritual Getaway for students in Grades 9-12. Refocus allows for students to escape the busyness, stresses, and distractions of life to spend some time taking next steps in their spiritual journeys with Christ. Through connecting relationally, engaging in worship, discussion in small groups, and teaching from the Bible, students will encounter God and each other and move towards better following Jesus.

Date of Retreat:

Departing from: King Street Church on Friday November 26th @ 4:00 pm by Bus

Returning to: King Street Church on Sunday November 28th @ 4:00 pm by Bus

Location:

Shalom by the Lake Retreat Centre [1570 Little Hawk Lake Road, Minden, ON, K0M 2K0]

Cost of Retreat: \$110

FOOD → Snack on Friday & Saturday night, 3 meals on Saturday, 2 meals on Sunday

ACCOMMODATIONS → Retreat Centre

TRANSPORTATION → Bus

What to Bring:

- Bible, Pen, and Notebook
- Sleeping Bag and Pillow
- Towel & Toiletries (toothpaste, toothbrush, deodorant, etc...)
- Warm Clothes
- Clothes to get Dirty In
- Outside Shoes

STUDENTS MUST BE REGISTERED AND PAID FOR BY SUNDAY NOVEMBER 14th



WAIVER & MEDICAL RELEASE FORM
REFOCUS [FALL RETREAT]

Activity: **Refocus [Fall Retreat]**

Date: November 26th – 28th

Details: Traveling to Shalom by the Lake Retreat Centre
[1570 Little Hawk Lake Rd. Minden, ON K0M 2K0]

Cost: \$110

Chaperones: **Pastor Josh & Adult Leaders**

Name of Student _____ Age _____

Address _____

City _____ Postal Code _____ Phone _____

Email _____ School _____

● Does your child have any severe allergies? (bee stings, food, penicillin, other drugs) YES NO
If yes, please explain and inform leaders:

● Does your child have any life-threatening allergies? YES NO
If yes, please explain and inform leaders:

● Is your child bringing any medication with him or her (Antibiotics, Ventilator, Ritalin)? YES NO
If yes, please explain and inform leaders:

● Does your child have any physical, emotional, mental or behavioral concerns or limitations that our staff should be aware of? YES NO
If yes, please explain and inform leaders:

Precautions are taken for the safety and health of your child, but in the event of accident or sickness, *King Street Pentecostal Church*, its staff, and its volunteers are hereby released from any liability. In the event that your child requires special medication, x-rays or treatment, the parents/guardians will be notified immediately. **(Your child must be covered by Provincial Health Insurance or equivalent medical insurance.)**

Provincial Health Insurance Number _____

Name of Family Physician _____ Physician's Phone Number _____

Parent/Guardian's Signature

Date